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4 December 1967

MEMORANDUM FOR: Deputy Director of Special Activities

SUBJECT

Physical Training Program for Pilots

Project

25X1X7

25X1X7

- 1. Upon visiting Site "H" on 13 November 1967 it was noted that pilots are not using gymnasium and are not participating in any physical training program other than playing tennis.
- 2. Inspection of gym located at their quarters revealed inoperable, beat-up, old bicycle exerciser, some weight-lifting equipment and a generally depressing set up void of any modern equipment.
- 25X1X7 25X1C 25X1C8c
- 3. Necessity of better conditioning of pilots in future with prospect of extended flights, higher altitudes, etc. discussed with and Flight Surgeon, is anxious for program. It is not familiar with such a program. Both recognize need for equipment and help in getting program started. Later visit and discussion with confirmed his wishes along this line.

 25X1C8c

RECOMMENDATION

25X1X7

- 1. Base be authorized and encouraged to get some new and modern gym equipment for Gym.
- 25X1A9a
- 2. After re-equipping gym would suggest that physical training expert such as base for 15-30 days to establish program.

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